



FREE CHURCH NEWSLETTER

SEPTEMBER 2009

211 Arnold Avenue North
Thief River Falls, MN 56701

Phone: 1-218-681-3855
Fax: 1-218-681-3955
E-Mail: trfetc@wiktel.com
Website: www.trfetc.org

Servicios en Espanol

Domingo

Escuela Dominical 9:15 AM
Oracion 9:45 AM Culto 10:30 AM
Alabanza, Adoracion,
Palabra de Dios, Oracion

Prayer Requests

Call the church office at
218.681.3855 or email
trfetc@wiktel.com
with your prayer requests.

Address, Phone and Email Corrections

TRF Free Church maintains a
database of all its members, regular
attenders, and visitors. If you have
had any changes to your address,
phone number, etc. please contact
the church office with your name,
phone number and the changes that
need to be made.

NEWSLETTER and BULLETIN DEADLINES

Items for the October Newsletter
must be turned in by: **September 15**
The Weekly Bulletin Deadline is:
Noon on Wednesdays

AREA FOOD SHELF

September is our church
families' month to collect
food and money for the
Food Shelf. Any size
donation can go a long way. A
grocery cart will be set up in the foyer
for your convenience.



Fall Schedule

SUNDAYS:

9:15 am **SUNDAY SCHOOL** (for ages 2 - Adult; Nursery Available)
10:30 am **WORSHIP SERVICE**
10:30 am **HISPANIC WORSHIP SERVICE**

MONDAYS:

1:30 pm **STAFF MEETING & PRAYER TIME** (year round)
6:30 pm **FACILITIES COMMISSION MEETING**
(Monday before Elder Meeting of each month)
7:00 pm **FINANCE COMMISSION MEETING**
(Monday before Elder Meeting of each month)

TUESDAYS:

7:30 am **MEN'S PRAYER BREAKFAST**
6:30 pm **NURTURE, DISCIPLESHIP, WORSHIP & OUTREACH
COMMISSION MEETINGS** (2nd Tuesday of each month)
8:00 pm **ELDER BOARD MEETING & PRAYER TIME**
(2nd Tuesday of each month)

WEDNESDAYS:

10:00 am **RELEASED TIME** (resumes Oct. 7)

FAMILY NIGHT

6:00 pm **COLLEGE SUPPER/BIBLE STUDY** (resumes Sept. 9)
6:30 pm **JR HI JAM** (resumes Sept. 9)
6:30 pm **AWANA** (resumes Sept. 16)
6:30 pm **LADIES' BIBLE STUDY** (resumes Sept. 16)
6:30 pm **MEN'S BIBLE STUDY** (resumes Sept. 16)
7:00 pm **SR HI ALIVE** (resumes Sept. 9)
7:00 pm **BIBLE STUDY & PRAYER HOUR** (year round)

THURSDAYS:

10:00 am **WHITE CROSS** (2nd Thursday of each month)
7:00 pm **WOMENS MINISTRIES MEETING** (1st Thursday of each month)

SATURDAYS:

8:00 am **MEN'S BIBLE STUDY** (resumes October 3)

**All events are weekly unless otherwise noted*

ANNOUNCEMENTS, NEWS, and INFORMATION



NEW CHURCH DIRECTORY

An updated Church Directory is scheduled to be printed in November. Directory Forms will be put in church mailboxes, in the foyer and in the Adult classrooms.

PLEASE make any corrections or changes to your family information since the 2009 directory was printed (i.e. address, e-mail, phone numbers, etc.). There will also be a separate form to complete for college students. Please give the completed forms to Kim Lovejoy, in the office, by October 31st, call the office at 681-3855 or email Kim at trfefc@wiktel.com. A final draft will be available in the foyer for everyone to check for accuracy prior to printing. Your prompt attentiveness is appreciated.



Sign up for our

E-Newsletter

Sign up today to receive your copy of "The Thief River Falls Free Church Newsletter" via email!

Getting your copy of our monthly newsletter via email has its advantages:

- ◆ Saves the church postage costs
- ◆ Saves the church paper costs
- ◆ Full color copy!
- ◆ Allows you to print only the pages you need to reference now, and then conveniently "file away" the current month for future use

It's free and easy to subscribe—just let the church office know that you would like to start receiving your copy of the Newsletter via email by providing us with your current email address. Give us a call today at # 681-3855, or email trfefc@wiktel.com.



CONGRATULATIONS

Our congratulations to Jason & Lacey Simoneau on the birth of their daughter, Annabelle Nicole, who was born on Thursday, August 6th at 1:37 a.m. weighing in at 8 lb. 12 oz. and measuring 20.5".

Our congratulations to proud grandmother, Kathy Erickson on the birth of her granddaughter! Alexandra Kathryn was born to Lori and Barry Mellen of Sturgeon Bay, WI on July 27th. Alexandra weighed 7 lb. 12 oz., and measured 19.5 inches.

THANK YOU

Thank you so much for all of the prayers and financial support for the Poland Mission Trip. We were blessed with safe travel, good health, great weather and spiritual fruit. We saw God at work in the camp and in our lives as well. Thanks again, the Poland Mission Team

Thanks so much to all of the women who put on and attended my bridal shower! I am so thankful that I have such caring and wonderful women in my life. Thanks again! - Sarah Hultgren

"Be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord."

1 Corinthians 15:58

**Attention
Ladies!**

Monthly Women's Ministries Meeting:

Thursday, September 3 at 7:00 pm

We will meet at church. All ladies are welcome to attend.

White Cross: Thursday, September 10 at 10:00 am

White Cross will meet as usual with a potluck noon meal.

We will be working on quilts for the Pas, and clothes for the children in the Congo.

Library Work Night: Thursday, September 24 at 6:30 pm

All welcome to come out and help! Questions, contact Kathy Erickson @ 681-7283



CHOIR & WORSHIP

TEAM KICKOFF

**Sunday, September 13th after Worship
Rick & Karmon Trontvet's house**

We'll watch Rick cook some burgers, watch part of the Vikings game, and then have discussion regarding the Christmas musical, worship teams, and some of our other plans for the year. No need to bring any food...the burgers and some basic fixings/drinks will be provided. So that Rick knows how many burgers to make, etc. RSVP to Rick. Please bring \$2.00 per person to defray the cost of the food.



HYMN SING

**Sunday, September 13
6:00 p.m. at Church**

Everyone is welcome to come out and join together for an hour of singing some favorites from the hymnals. Please bring bars or cookies to share afterwards.



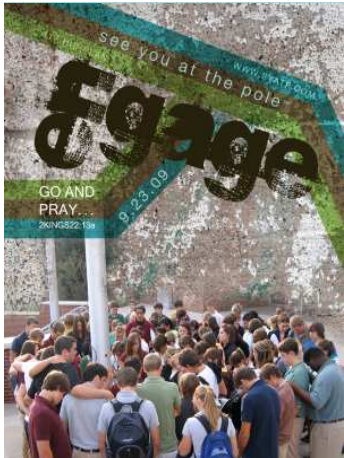
19th Annual Senior

Fall Festival

**Camp Shamineau
Motley, MN**

September 14-15, 2009

Enjoy the beautiful surroundings of Camp Shamineau as you experience praise, worship, fellowship, recreation, and a challenge from God's Word that will inspire you! **Featuring Max Frazier with challenging topics on the theme: What in the World is Going to Happen?** See the flyer on the bulletin board in church hallway, or contact John Flom with questions.



SEE YOU AT THE POLE

On Wednesday morning, **SEPTEMBER 23**, we will gather to get organized and pray before students dismiss to pray around their school flag pole.

6-8 Grade: Meet at Redeemer (1300 Nora)

9-12 Grade: Meet here at EFC at 7:00 am

(Breakfast will be provided)

From there we will gather at the pole at 7:30 am

Come Join Us ~ Everyone is Welcome!



MEALS ON WHEELS

We are privileged to participate in the Thief River Falls Meals on Wheels Program. EFC is scheduled to deliver meals the week of Oct. 5 - 9. We need 4 drivers for each day.

It is a blessing to deliver hot, nutritious meals and warm smiles to the Thief River Falls' homebound and seniors in the community. The meals get picked up at 12:15 P.M. and delivery takes less than an hour. If you work from home, work evenings, are a stay-at-home parent, or retired, this is a perfect opportunity to share your time to benefit others. **Look for your opportunity to sign up in the narthex.** You do not have to sign up for the entire week - just one day would be greatly appreciated! A few emergency back-up drivers are also needed. If you have any questions, please call Kim at the church office, 681-3855.

Encouraging Our Service Men

Please pray for those serving in the military



- ◆ Esther Gallagher and Deb Hanson's Brother-in-law, Frank Whitcomb - *Serving in Iraq.*
- ◆ John Hiebert's grandson, Matthew Varnes - *Serving in Afghanistan.*
- ◆ Anthony Bolduc - *Serving in Iraq.*
- ◆ Malvin Peterson's nephew, Jessie - *Serving in Iraq.*

CHILD DEDICATION

The following dates have been designated for child dedication: September 6 and December 27. If you would like to dedicate your child on one of these Sundays call the church office @ 681-3855.

SUNDAY SCHOOL NEWS

Back to Church Sunday Prayer Walk and Flyer Distribution

Wednesday September 9th at 6:30 p.m. we need walking prayer warrior servants to distribute 150 door hangers in the neighborhoods around our church, praying as they go and inviting people to "Back to Church Sunday" services. Many feet make for quick, short walks!



SUNDAY SCHOOL KICK OFF

SEPTEMBER 13

9:15 a.m.

Please meet in the Worship Center. Teachers will be introduced, dismissed with their students, and then classes will begin shortly thereafter.

Age/Grade	Room	Teachers
2 & 3 Year Olds	6	Rod & Lisa Hinrichs
4 & 5 Year Olds / Kindergarten	2	Jan Pederson
1st & 2nd Grade	3	Cilla Fischer Elisa Anderson
3rd & 4th Grade	7	Troy & Susan Halvorson
5th & 6th Grade	9	Stacy Barnhart Dan & Crystal Barth
7th & 8th Grade	13	Pastor Mel Sich
9th-12th Grade	1	Brook & Kristin Redd

*"Make me know Your ways, O LORD; Teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation."
Psalm 25:4-5*

Adult Bible Fellowship Classes

There is change coming to the Adult Sunday School this year. We will be leaving the stages of Life Adult Bible Fellowships and moving to a four class structure that we hope will be appealing to all Free Church attendees. The four classes are as follows:

"Firm Foundations" (Room 12)

This class is for anyone wanting to grow in their faith and lead others to Christ as well as disciple them to become fully devoted followers of Christ. It will empower you to feel confident to share your faith in Jesus with your family and friends. You will also have the opportunity to list 12 people who haven't started their relationship with Christ yet and then act intentionally through prayer and outreach to help them to trust Jesus as their Lord and Savior. Another portion of the class will be to go through a spiritual gifts inventory so you can learn where your gifts fit into ministry. **Kim Rosendahl will be teaching the first 13 weeks from a book "Growing in Christ" with other topics and teachers to follow.**

"Christian Life Issues" (Room 10)

This class will cover an array of issues of interest. Personal finances, conflict resolution, and parenting skills are a few possibilities. **The first section will be taught by Rob Almquist. He will be using Purpose Driven Life curriculum on "Fellowship"**- God longs for you to have rich, genuine connections with Him and a handful of other people. These six sessions will help you connect more deeply with Jesus Christ and build genuine relationships with Christian friends.

"Bible Study Curriculum" (Chapel)

Chapel This class will be weekly in-depth Bible study taught by some very gifted teachers. **The book of Luke will be the first book studied and will be taught by Nathan Blomker.**

"Welcome to the Family" (Room 14)

This four week class will be taught by Pastor Mel or Pastor Bruce and will include an overview of the Evangelical Free church, including doctrine, and how it functions in our local area and world. This class will give opportunity to apply for membership in our church. The class will take place in October and in January.

FAMILY NIGHT NEWS

~ Wednesday Nights at the Free Church ~



COLLEGE-AGE SUPPER & FELLOWSHIP

Every Wednesday night in room #12, **starting September 9**
A great opportunity for College students to stay connected to a church and enjoy a free home-cooked meal! The home-cooked meal at **6:00 pm** is followed by a Bible Study at **7:00 pm**. Come out and join us for a time of fellowship and food!



KICK OFF!!

Wednesday, September 16 - 6:30 pm

AWANA is for all kids Ages 3 through 6th grade and is divided up into 3 events:

GAME TIME: Every Awana meeting includes a high-energy Game Time featuring individual and team competition. Game Time unleashes kids' natural energy and enthusiasm. The Awana Game Circle has universal appeal. Kids everywhere love Awana games! Everyone participates!

HANDBOOK TIME: Using achievement-oriented curriculum, Awana emphasizes memorization and understanding of key Bible verses. Clubbers are rewarded for their achievements as they progress through the handbooks.

COUNCIL TIME: The club gathers for a Bible message and announcements of upcoming events. One highlight of Council Time is the presentation of awards for individual handbook progress.

Check out the newly remodeled Youth Room!!

Sr. Hi. Rebelution

Grades 9-12 starts Wednesday, September 9, at 6:00 pm for the Fall Kickoff Event and meets each week thereafter from 7:00 - 8:00 pm during the school year. They do various

devotional studies and have a time of sharing and praying. Throughout the year they may have lock-ins, game nights, scavenger hunts, ski trips and other fun activities. This is an environment where students can develop life-long friendships and learn to be godly men and women.

Junior High JAM (Jesus and Me) Grades 6-8 starts Wednesday, September 9, at 6:30 pm for the Fall Kickoff Event and meets each week thereafter from 6:30 - 8:00 pm during the school year. They have Biblical lessons and prayer each week. Socials, game nights and trips are planned throughout the year to help kids get to know each other in different settings and develop their Christian walk.

Bible Study & Prayer Time continues in the fall on Wednesdays in the Chapel at 7:00 pm. Open-to-all, so please join us, as we read God's Word and pray.



Women's Bible Study starts Wednesday, September 16, at 6:30 pm at the church in Room #14. Cindy Bengtson will lead a Beth Moore Study, "Daniel: Lives of Integrity, Words of Prophecy". *Join us in a faith-building study of prophecy, and learn how to shine for Christ in our modern culture. Just as the prophet Daniel*

faced unbelievable pressures - to compromise his faith, to live in a hostile culture, and confront temptations and threats - today's believers face many of the same trials. If you are interested in attending, please contact the church office by Sept. 8 so we know how many books to order. Cost of the book will be approximately \$20.00 each.

Men's Bible Study starts Wednesday, September 16, at 6:30 pm at the church in Room #6.





September Birthdays & Anniversaries



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Wilford Sletten Joshua Row	2 Doreen Penner Bob & Shirley Sorvig Anniversary	3 Sara Rosendahl Corey & Celine Friesen Anniversary	4 Ammie Albers	5 Millie Wernes Patrick Marolt
<i>Italics denote Missionaries</i>						
6 Hailey Vad	7 Tawnya Panek Ruth Christensen Mark & Jodi Lehrer Anniversary	8 Karen Sich Michael Fortier Jasmyn Rud Jeremiah Baker	9 John Flom Arlette Kompelien	10 <i>John Stacknik</i> Muriel Peterson Linnea Senum Casey & Anna Skjerven Anniversary	11 Don Molskness Kirsten Barth	12 <i>Isabelle Straubel</i>
13	14 Chris Shulstad Bill Stock Curt Christensen Arvid & Jan Lee Anthony & Julie Bolduc Anniversaries	15 Marco Marolt Abigale Samuelson	16 Leon Lundstrom	17 Paul Johnson Crystal Barth	18 Ethan Barth Mathew Barth Susan Halvorson Jerry & Gloria Schulte Anniversary	19 Bob Sorvig Bethany Larson
20 Nathan Blomker Marissa Lehrer Steve & Val Hauert Anniversary	21 Carol Johnson Keith Christensen	22 Dawn Phillips	23 John Gallagher Sheri Barth <i>Judy Anderson</i> Dale & Carol Penner Anniversary	24 Karen Griffin Alexis Friesen	25	26 Walt Penner Fallon Pearson Joel & Deborah Carpenter Anniversary
27 Anika Hanson <i>Joy Stigen</i> Jeff & Roxanne Zerwas, Walt & Doreen Penner, Ben & Kindra Poissant Anniversaries	28 Ron & Carolyn Trontvet Anniversary	29 Scott & Cortney Rud Anniversary	30 Eunice Rolandson Stacy Wightman <i>Eric McCauley</i>	Attention: If your birthday or anniversary is not listed, or is incorrect, please notify the church office at 681-3855.		

SERVING in SEPTEMBER

	September 6	September 13	September 20	September 27
Children's Church	Kim & Sara Rosendahl	Bonnie Barth & Susan Halvorson	Rod & Lisa Hinrichs	Mike & Stacy Barnhart
Sunday School Greeter	NO SUNDAY SCHOOL	Lona Trochmann	Nancy Hendrickson	Marge Nelson
Worship Service Greeters	Kevin & Bonnie Barth Christine Bjornstad Mike & Stacy Barnhart	Loreen Hanson Cay Donlin Mona Loe	Earl & Jan Hanson Kent & Peggy Hanson Arvid & Jan Lee	Kathy Erickson Ruby Schroeder Valerie Shulstad
9:15 Nursery	NO SUNDAY SCHOOL	Ehren & Ester Hanson	Nate & Sara Larson	Rob & Mary Almquist
10:30 Nursery	Thane & Jenelle Espe Patti Barth	Brook & Kristin Redd Mike & Stacy Barnhart	Heidi Senum Christine Bjornstad	Nathan & Holly Thom Donna Harlow
Sound Tech	Steve Westerman	Ehren Hanson	Bob Hultgren	Chris Shulstad
Visual Tech	Jeff Zerwas	Cory Helm	Jeff & Aaron Fagerstrom	Shane Zutz
Ushers	DeeJay Donlin, Jon Edwards, Gene Hanson			

September 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
SEPTEMBER IS FOOD SHELF MONTH!		1 7:30 AM Men's Prayer Breakfast	2 7:00 PM Mid-Week Worship Service	3 7 PM Women's Ministry Meeting	4	5
6 NO SUNDAY SCHOOL 10:30 AM Worship <i>Child Dedications</i> 10:30 AM Hispanic Worship 6 PM Dave Ramsey FPU	7 Labor Day Office Closed 6:30 PM Facilities Commission Mtg 7 PM Finance Commission Mtg	8 7:30 AM Men's Prayer Breakfast 6:30 PM Nurture, Discipleship, Outreach, & Worship Commission Mtgs 8 PM Elder Mtg	9 6:00 PM College Supper & Bible Study 6:30 PM Neighborhood Prayer Walk 6:30 PM JH Jam 7 PM SH Rebelution; Prayer Mtg	10 10 AM White Cross	11	12
13 9:15 AM Sunday School 10:30 AM Worship - Communion 10:30 AM Hispanic Worship 12 PM Choir/Worship Team BBQ @ Trontvet's 6 PM Dave Ramsey FPU 6 PM Hymn Sing	14 1:30 PM Staff Meeting	15 7:30 AM Men's Prayer Breakfast	16 6:00 PM College Supper & Bible Study 6:30 PM JH Jam; AWANA; Ladies Bible Study; Men's Bible Study 7 PM SH Rebelution; Prayer Mtg	17	18	19 <i>Sarah Hultgren Wedding</i>
	19th Annual Senior Fall Festival @ Camp Shamineau					
20 9:15 AM Sunday School 10:30 AM Worship 10:30 AM Hispanic Worship 6 PM Dave Ramsey FPU	21 1:30 PM Staff Meeting	22 7:30 AM Men's Prayer Breakfast	23 7 AM See You at the Pole! 6:00 PM College Supper & Bible Study 6:30 PM JH Jam; AWANA; Ladies Bible Study; Men's Bible Study 7 PM SH Rebelution; Prayer Mtg	24 6:30 Library Work Night	25	26
27 9:15 AM Sunday School 10:30 AM Worship 10:30 AM Hispanic Worship 6 PM Dave Ramsey FPU	28 1:30 PM Staff Meeting	29 7:30 AM Men's Prayer Breakfast	30 6:00 PM College Supper & Bible Study 6:30 PM JH Jam; AWANA; Ladies Bible Study; Men's Bible Study 7 PM SH Rebelution; Prayer Mtg			