



# FREE CHURCH NEWSLETTER

FEBRUARY 2010



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## Prayer Requests

Call the church office at 218.681.3855  
or email [trfetc@wiktel.com](mailto:trfetc@wiktel.com)  
with your prayer requests.

## Address, Phone and Email Corrections

TRF Free Church maintains a database of all its members, regular attendees, and visitors. If you have had any changes to your address, phone number, etc. please contact the church office with your name, phone number and the changes that need to be made.

## NEWSLETTER and BULLETIN DEADLINES

Items for the March Newsletter  
must be turned in by: **February 15**  
The Weekly Bulletin Deadline is:  
**Noon on Wednesdays**

*If you have something that you would like to contribute either to the Sunday Bulletin or Monthly Newsletter, please contact the church secretary at 681-3855 or email her at [trfetc@wiktel.com](mailto:trfetc@wiktel.com)*



## E-Newsletter

It's free and easy to subscribe - just let the church office know that you would like to start receiving your copy of the Newsletter via email by providing us with your current email address.

## SMALL GROUPS

Now that the long second half of winter is setting in, this is a great time to get connected with others in a small group setting. We will be offering 3 small groups starting the last half of February:

### “Love & Respect”

**Love & Respect** reveals why spouses react negatively to each other, and how they can deal with conflict quickly, easily, and biblically. Whether you are engaged or have been married for decades, the Love & Respect message can help set your marriage on solid footing. **Please join us beginning Sunday, February 21, for an approximately 8-week DVD small group series. This group will meet each Sunday evening at church at 6:00 p.m. The series will be hosted by Jason & Lacey Simoneau (681-6821) and Ehren & Ester Hanson (681-3929).** We have materials for up to 8 couples, so please contact either couple to register or for more information.

### “The Second Half of Marriage”

For empty nesters and those whose nest may have refilled or never emptied! You can:

- Renew your love
- Reinvent your marriage
- **Make the rest the best!**

The second half of marriage can be a time of incredible fulfillment, no matter what challenges you've previously faced. Couples can rediscover each other and build a more personal, satisfying and romantic life together. This small group DVD resource is designed to facilitate this rediscovery and rebuilding for the empty nest years. It will meet for approximately 9 weeks and will be hosted by Paul and Sharon Gregor on Sunday evenings. Watch the Sunday bulletin for start date!

### “r12 True Spirituality”

Romans 12 is the **START HERE** for the Christian life. What most Christians sadly misunderstand is that God isn't into religious activities or performance-based Christianity. Instead, Romans 12 reveals to us a relational profile of what it means to be a disciple, as well as a proven pathway to becoming more like Jesus every day.

- ✦ If you've become stagnant in your spiritual growth - **START HERE.**
- ✦ If you've become disengaged with your church experience - **START HERE.**
- ✦ If you are a new believer and unsure how to grow spiritually - **START HERE.**
- ✦ If you are a mature Christian and are looking for a pathway to disciple others - **START HERE.**

r12 is a 6 week DVD series that will help produce a follower whose life looks progressively more like that of Christ's. Leader, time, and start date yet to be determined. Be watching for more details coming soon.

# ANNOUNCEMENTS, NEWS, and INFORMATION

## CHILD DEDICATION

The following dates have been designated for child dedication: **Mother’s Day, May 9 and Father’s Day, June 20**  
Please contact the church office if you would like to dedicate your child on one of these Sundays.

## IMAGINE YOURSELF DEBT FREE

Dave Ramsey's  
**Financial Peace**  
UNIVERSITY

*Financial Peace University* is a biblically-based, video-driven small group study that teaches families to beat debt, build wealth and give like never before!

### THIS PROGRAM IS FOR YOU IF ...

- Your credit cards ARE your emergency fund.
- Your dog responds to the name “Ebay”.
- You’re intrigued by the word “plasectomy.”
- You want to know what God says about money.
- You have to sell your house to put your kids through college.
- Stocks, Bonds, and Mutual Funds are friends you haven’t met yet.



### 13 - Week Small Group Series Sundays 4-6 PM

**TRF Free Church**  
Feb 21 - May 16

**Cost: \$93.00**  
(Scholarships available)

Registration Deadline  
Feb. 7

For more information  
about this life-changing  
program call the church  
office @ 681-3855.



## 20s-30ish SOCIAL

(Single or Married)

Friday, February 26

**Game Night!**

Bring your favorite group game, a  
snack to share and come have fun!

Meet in the Sr. Hi room

**6:30 pm to ??????**

(Babysitting will NOT be provided)

**UNDO**  
restoring the original.

## CHALLENGE '10 Youth Conference

Columbus, Ohio June 28-July 3

The Undo Conference will be an exciting time for your student (grades 7-12) to hear some wonderful speakers, encounter God together and serve the Columbus area. **A non-refundable registration deposit of \$100 is due Wednesday, February 24.** If you would like more information, please call Brian Steenerson at 689-0496 or email at clot\_man@hotmail.com



“Thank you for your offerings! \$1087.93 was raised from our Christmas Concert and Christmas Eve Service offerings for the Salvation Army. Also, thanks to all who were bell-ringers at K-Mart on December 23rd. \$7,764.00 was raised in Thief

River Falls. This is a 7% increase from 2008! All monies raised are used in TRF.” ~ Pastor Bruce Fischer

**The Thief River Falls Salvation Army would appreciate additional board members.** They meet every 3 months to make decisions related to helping the needy in our community. If you would be interested in serving this important ministry to our community, please contact Shannon Olson at the Heritage Center (# 681-2793).

## POLAND MISSION

Darwin Anderson, Head of International Messengers and a top priority missionary supported by our congregation, has requested our help for an English Language Camp in Gdansk Poland. Travel and camp days encompass July 15-27. This is the same Polish Church we partnered with last summer, by sending a short term team. We would like to assess interest for such an endeavor in 2010. If you would like more information, please indicate this on your Sunday registration card or contact Donna Harlow, Outreach Commission Chair.



**Wednesday, February 10 is AWANA Camp Information Night**  
Parents are welcome to attend from 7:30-8:00 for information on Camp Shamineau.

**February 21 is Camp Sunday**  
Larry Johnson, from Camp Shamineau, will be speaking to the Jr./Sr. High Students during the Sunday school hour.

The church will again be offering some wonderful scholarships to assist kids who want to attend Camp Shamineau.  
**3rd through 8<sup>th</sup> graders**

**Child's 1<sup>st</sup> year at camp:** Scholarship pays the full fee for camp

**Child's 2<sup>nd</sup> year at camp:** Scholarship pays for 2/3's of the camp fee

**Child's 3<sup>rd</sup> year at camp:** Scholarship pays for 1/3 of the camp fee

**Grades other than 3-8** will be offered a \$50.00 scholarship to help with camp expenses.

To receive a \$30 discount, please register for camp prior to March 1. To receive a \$20 discount, register by April 1. If you will be participating in any of the scholarships turn your registration form and signed Scholarship Program form into the church office. If you would like information on Camp Shamineau you can visit their website at [www.shamineau.org](http://www.shamineau.org) Additional information and forms are available at the church.

# WOMEN'S MINISTRIES

*"What does the Lord your God ask of you but to fear the Lord your God, to walk in all his ways, to love him, to SERVE the Lord your God with all your heart and with all your soul." Deuteronomy 10:12*

## FEBRUARY SCHEDULE

### Monthly Women's Ministries Meeting

**Thursday, February 4 at 7:00 pm**  
Join us at Kathy Erickson's house.  
Call # 681-7283 for directions.

### White Cross

**Thursday, February 11 at 10:00 am**  
At Church in Room #14  
We will be working on baby quilts, lap-ropes, and clothing for The Congo.

### Library Work Night

**Thursday, February 11 at 6:30 pm**  
If anyone has borrowed the DVD "Faith Like Potatoes" - Please return....thanks!

## MOM'S GROUP

**4th Tuesday each Month @ 7PM**  
This group is for mothers of children ages birth to kindergarten that meet together to encourage and share with each other.  
Helene McCauley will be teaching.  
(Childcare NOT provided)

## THANK YOU

*Thank you very much for the snack tray. I appreciate it very much."*  
~ Orville Ellingson

*"Thank you for that kind and delicious box of goodies. I enjoyed sharing it with family."* ~ Marville Hjelle

*"Thanks gals for the treats at The Home."* ~ The Slettens

*"Thank you nice ladies so much for the Christmas box of goodies you gave me. I really appreciated it. The contents of the box are delicious and I will make good use of the box too. Your thinking of me is so nice. Also, it was so special to have it delivered by Loreen—representing the WMS. I so enjoyed it! May God bless each of you."* ~ Love, Helen Hetland

*"Thank you for the devotion book and the Christmas cookies. They were greatly appreciated."* ~ Janice Anderson

*"Thank you for the lovely gifts. The Christmas ornament is beautiful—red and gold—just like the rest of our ornaments. It will be fun to try the recipes in the Chocolate Lover's Cookbook and it is always fun to spend a gift certificate at Time Well Spent. Thank you so much for your thoughtfulness."*  
~ Love, Karen Sich

*"Thank you so much for the beautiful ornament and Time Well Spent gift certificate. That is one of my favorite places to go! It is a tremendous blessing to be a part of such a beautiful group of ladies. Thank you! God's Blessings!"* ~ Cilla


*"Thank you ladies of the church for the dip server dish and dip seasonings. We enjoyed the unique flavor. I'm glad to be serving the church as custodian and appreciated being remembered."* ~ In Christ, Patti Barth

# FEBRUARY BIRTHDAYS & ANNIVERSARIES

**February 2**  
Phyllis Sletten  
Paul Wold  
Joan Abercrombie  
Callie Fagerstrom  
Blaine Olson

**February 3**  
Ester Hanson

**February 4**  
Lori Anderson  
Jonathon Edwards  
Trandon Lehrer

**February 5**  
Lauretta Blomker  
Val Hutton  
Brittney Wightman  
Allison Okeson  
 **Steve & Tracy Mosloff Anniversary**

**February 6**  
Maria Nordhagen  
Kailee Larson

**February 7**  
Arlyce Twistol  
Havana Lorensen

**February 9**  
Howard Rokke  
Connor Hutton  
Brody Bengtson

**February 10**  
Dale Penner  
Jordan Hanson

**February 11**  
Tracy Mosloff  
Shane Heinle  
Corey Boman

**February 13**  
Nona Hultgren

**February 14**  
Rebecca Bengtson

**February 15**  
Gena Gunderson

**February 16**  
 **Lowell & Lona Trochmann Anniversary**

**February 17**  
Jessie Clark  
Karter Trontvet

 **Kent & Peggy Hanson Anniversary**

**February 20**  
Tucker Skime

**February 21**  
Josiah Westerman

**February 22**  
*Athlee Bowman*  
George Sodon

**February 23**  
Elena Edwards

**February 24**  
*Steve Austvold*  
Chad Conneran

**February 26**  
Kathy Langness  
 **Terry & Tammy Vant Hof Anniversary**

**February 27**  
*Sharon Stacknik*  
Alexa Nelson

**February 28**  
Mark Hanson  
Sharon Leister  
Jacob Beito

*Italics: Denotes Missionary family members*

**Attention:** If your birthday or anniversary is not listed, or is incorrect, please notify the church office at 681-3855.

## SERVING in FEBRUARY

	February 7	February 14	February 21	February 28
<b>Children's Church</b>	Shane & Mya Zutz	Jason & Lacey Simoneau	Nathan & Holly Thom	Nate & Sarah Larson
<b>Sunday School Greeter</b>	TBA	TBA	TBA	TBA
<b>Worship Service Greeters</b>	Gary & Rachel Tveiten Randy & Mary Fran Twistol Rodney & Arlyce Twistol	Terry & Tammy Vant Hof Joaquin & Michelle Westerman Dennis & Sharon McCullough	Josiah & Millie Westerman Shane & Mya Zutz Russell & Sue Zaviska	Steve & Shari Westerman Jason & Tammy Branden Brent & Ammie Albers
<b>9:15 Nursery</b>	Chris & Val Shulstad	Ehren & Ester Hanson	Nate & Sarah Larson	Jason & Lacey Simoneau
<b>10:30 Nursery</b>	Jeff & Roxanne Zerwas	Mike & Stacy Barnhart	Heidi Senum	Randy & Mary Fran Twistol Krista Phillips
<b>Sound Tech</b>	Bob Hultgren	Chris Shulstad	Mark Trochmann	Steve Westerman
<b>Visual Tech</b>	Mike Barnhart	Shane Heinle	Jeff Zerwas	Cory Helm
<b>Ushers</b>	Rob Almquist, Mike Barnhart, Earl Hanson			