



FREE CHURCH NEWSLETTER

MARCH 2010

211 Arnold Avenue North
Thief River Falls, MN 56701

Phone: 1-218-681-3855
Fax: 1-218-681-3955
E-Mail: trfetc@wiktel.com
Website: www.trfetc.org

Prayer Requests

Call the church office at 218.681.3855
or email trfetc@wiktel.com
with your prayer requests.

Address, Phone and Email

Corrections

TRF Free Church maintains a database of all its members, regular attendees, and visitors. If you have had any changes to your address, phone number, etc. please contact the church office with your name, phone number and the changes that need to be made.

NEWSLETTER and BULLETIN DEADLINES

Items for the April Newsletter must be turned in by: **March 15**
The Weekly Bulletin Deadline is:
Noon on Wednesdays

If you have something that you would like to contribute either to the Sunday Bulletin or Monthly Newsletter, please contact the church secretary at 681-3855 or email her at trfetc@wiktel.com



Daylight Savings Time Begins!
Sunday, March 14, 2010
Set your clocks ahead before you go to bed on Saturday night!



MARCH = MERRY MONTH OF MUSIC WITH PASTOR MEL

The choir will begin rehearsing for Palm Sunday, Maundy Thursday, and Easter services on Wednesdays in March at 8:15 p.m. All are welcome to join! Hope to see you there!
Call Pastor Mel @ 681-3855 if you have questions.

Please note the tentative rehearsal schedule:

- Wed. March 3: My Savior Lives (Easter song)
- Wed. March 10: My Savior Lives
- Wed. March 17: The Lord Strong and Mighty (Palm Sunday song) & My Savior Lives
- Wed. March 24: The Lord Strong and Mighty, Not Guilty (Maundy Thursday song) & My Savior Lives
- Sun., March 28: Palm Sunday (Meet at 8:30 am)
- Wed. March 31: Not Guilty & My Savior Lives
- Thursday, April 1: Maundy-Thursday (Meet at 6:30 pm)
- Sunday, April 4: Easter (8:30 & 10:30 services; Meet at 7:50 am)



Maundy Thursday, April 1

7:00 PM - Communion Service



Good Friday, April 2

Annual Good Friday Community Service
12:00 noon at the
United Methodist Church

You are also invited to lunch. Please choose one of the lunch options:

- Lunch Option #1: 11:30-12:00
- Service: 12:00-12:30
- Lunch Option #2: 12:30-1:00



Easter Sunday, April 4

8:30 AM - Worship Service
9:15 AM - Easter Breakfast
(French Toast, Sausage, and Fruit)
10:30 AM - Worship Service

ANNOUNCEMENTS, NEWS, and INFORMATION

CHILD DEDICATION

The following dates have been designated for child dedication: **Mother's Day, May 9 and Father's Day, June 20**
Please contact the church office if you would like to dedicate your child on one of these Sundays.

Spring Quarter Adult Bible Fellowship Classes

"Firm Foundations" (Room 12) Seven Words of Worship

There is a growing interest in worship these days, particularly given the fact that worship is the primary reason we gather as the body of Christ each week! Through worship we encounter God in powerful, life-changing ways. Rick Trontvet, Worship Elder, will lead "Seven Words of Worship", an 8 week study of worship in March/April. The text book "Seven Words of Worship" (by Harland and Moser) will be used to guide our study of worship while focusing on seven simple words: "Creation", "Grace", "Love", "Response", "Expression", Presence" and "Experience".

"Christian Life Issues" (Room 10) Effective Stewardship

"Christian Stewardship is more than the money we drop into the collection plate - stewardship is everything we do after we say we believe."

Tom Harlow, Finance Elder, will lead "Effective Stewardship", a 5 week DVD series that will help you think biblically about the areas of responsibilities that have been entrusted to you by God. The 5 lessons will cover: "Our Talents and Skills", "The Environment", "Our Neighbors", "Church and Family", and "Finances and Giving".

"Bible Study Curriculum" (Chapel) 1st Corinthians

Nathan Blomker, Outreach Elder, will lead a study of the Book of 1 Corinthians. Because Paul dealt with a number of practical issues facing the church, this letter is highly relevant to Christians today. As you study the principles taught by the apostle Paul, you may find more than a few similarities between the church at Corinth and the church of the 21st century.



Sunday, March 14

6:00 p.m. at Church

Everyone is welcome to come out and join together for an hour of singing some favorites from the hymnals. Please bring bars or cookies to share afterwards.



Olympic Game Night



Come cheer your AWANA Team on !!!!!!!

When: March 24th, 2010 6:30PM

****Team Members be there at 6:00PM**

Where: Thief River Falls - Evangelical Free Church

Who: Newfolden - Evangelical Free Church

vs TRF - Evangelical Free Church

Fans Welcome:

***Parents, Grandparents, Brothers, Sisters,
Aunts & Uncles***

**Schedule: Olympic Games, Council
Time, & Rootbeer Floats**



FROM THE CHURCH OFFICE

Contact Info: Kim Lovejoy in the church office
Phone: # 681-3855
Email: trfefc@wikel.com

Thank You! Thank You! Thank You!

The staff would like to thank those that donated funds for the new office carpet and those that helped to remove old carpet, scrape glue, move furniture, clean, and set up the offices again. We love our new space! Thanks again and all are welcome to come and check out the new look in the office.

~ Pastor Bruce, Pastor Mel, and Kim Lovejoy

SERMONS & STUDY NOTES

AVAILABLE ONLINE!

Pastor Bruce's sermons and study notes are available on line at the TRF Evangelical Free Church website: www.trfefc.org



MAILBOXES

If you are a regular attender of EFC, do not have a mailbox and would like one, let us know. The mailboxes are used by the congregation, different groups from church, and the office staff to communicate with you and to keep postage expenses down.

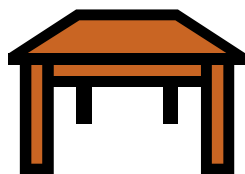


TABLE USE POLICY

As spring approaches, many of you will anticipate hosting graduation open houses or setting up garage sales. We'd like to help make the use of the church tables as efficient as possible. The tables available for use out of the building are those located in storage room # 2 (adjacent to the gym). This is on a first-come, first-served basis. Since the number of tables available is limited, please be thrifty on how many you will need, so more than one family can also use tables on the same weekend if necessary. Tables in the classrooms are not available to loan out. Please contact Kim in the church office if you would like to borrow church tables.

Encouraging Our Service Men

Please pray for those serving in the military

Serving in Iraq

Esther Gallagher and Deb Hanson's Brother-in-law,
Frank Whitcomb.
Malvin Peterson's nephew, Jessie.

Serving in the Marines

Eunice Rolandson's grandson, Rusty Rolandson.

Serving in the Navy

Gary and Rachel Tveiten's nephew, John Tveiten.

Men's Work Day

Saturday March 20

8:00 AM



- Removal of Interior Entry Doors
- Finish Installing Coat Racks
- Completion of Sanctuary Bathroom
- Stripping & Waxing Entry Floor
- Other Miscellaneous Jobs



Poland Mission

Darwin Anderson, Head of International Messengers and a top priority missionary supported by our congregation, has requested our help for an English Language Camp in Gdansk Poland. Travel and camp days encompass July 15-27. This is the same Polish Church we partnered with last summer, by sending a short term team. We would like to assess interest for such an endeavor in 2010. If you would like more information, please contact Donna Harlow, Outreach Commission Chair.

"Be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord." 1 Corinthians 15:58

WOMEN'S MINISTRIES

"What does the Lord your God ask of you but to fear the Lord your God, to walk in all his ways, to love him, to SERVE the Lord your God with all your heart and with all your soul." Deuteronomy 10:12

MARCH SCHEDULE

Monthly Women's Ministries Meeting

Thursday, March 4 at 7:00 pm
Meeting at Church

White Cross

Thursday, March 11 at 10:00 am
At Church in Room #14

We will be working on quilts—cutting squares and tying.

Library Work Night

Thursday, March 18 at 6:30 pm

We have added a number of new books, so come and check them out!

March is "\$hares Month"

March has been designated as "Shares Month" for the Women's Ministries in our church. We would like to highlight for you the national **\$hares** aspect of Women's Ministries.



\$hares is a program devoted to raising money for the ongoing ministry of our national EFCA. It is a non-profit organization, and proceeds go to the following ministries:

- Scholarships given each year to one qualifying female student at each of the Evangelical Free Church universities (Trinity Western University and Trinity International University—one at each college and seminary);
- Promotional and resource materials that aid in encouraging, equipping and assisting local women's ministries;
- EFCA Women's Ministries national leadership expenses;
- Women's Ministries publications, including the Connections newsletter and material in the EFCA Today
- Special contributions to various national and worldwide ministries of the Evangelical Free Church.

Every woman within the Free Church across the US is a part of Women's Ministries. As a part of this affiliation we ask for an annual contribution of \$15.00. This is not a mandatory fee; but rather a request for a voluntary, tax-deductible gift.

Would you prayerfully consider your part in this?

Last year our Women's Ministry collected \$555.00 in **\$hares**. **Thank you** to all who have or will contribute!

~ Women's Ministry Leadership Team

If you choose to contribute, please use the **\$hares** envelope that was placed in your mailbox (additional envelopes are on the table in the narthex) and place it in the offering plate during March.



From the Recipe Box of Patti Barth....

Spinach Salad

Dressing: Make ahead of time so flavors can meld together.

Mix:

3/4 c. sugar and 1 tsp. dry mustard

Add:

1/3 c. Cider vinegar
2 Tbl. Red wine vinegar
1 tsp. salt
1 Tbl. Poppyseeds
1 1/2 Tbl. Chopped onion

Whip in:

1/2 c. Oil

Salad:

1 10 oz. bag Spinach
1 bunch Romaine (hearts) lettuce
(or 1 more bag of Spinach)
1-2 cups shredded Swiss cheese

Add ins:

Dried Cranberries
Slivered Almonds or Cashews
Sliced Strawberries
Red Apples in bite-size pieces

8th Annual Area-Wide Women's Conference

Woman After God's Own Heart

Warroad High School

510 Cedar Ave. Warroad, MN 56763

Friday, May 14, 2010 6 p.m. - 9 p.m.

& Saturday, May 15, 2010 9 a.m - 3 p.m.

Plan **NOW** to attend this year's all new conference with **Lynda Randle and Friends**.
This year's guests include actress and singer **CeeCee Michaela**, Christian Comedian **Ms. Puddin'**,
award winning dance performer **Tobin James**, singer **Debra Lee** and **The Praise Band**.



Your host **Lynda Randle** looks forward to bringing both
song and words to inspire and encourage each of you!
Keynote speaker will be author and song writer **Gloria Gaither**.



Early Bird Registration through April 15th: \$50.

April 16th through May 15th: \$60.

Friday only \$25, Saturday only \$25

April 16th through May 15th: \$30.

Group rates include **1 FREE ticket** for every 10 ordered!

WAGOH Conference

c/o Lynda Randle Ministries

5559 NW Barry Road PMB 236

Kansas City, Missouri 64154

Register: On-line @ www.LyndaRandle.com, call 816.792.5353, or use the form below.
Please contact Nona Hultgren, Lona Trochmann or Loreen Hanson if interested
in attending as we can get a group rate.

Woman After God's Own Heart Conference Registration Form

Name: _____

Address: _____

City: _____ State _____ Zip _____

Home Phone: _____ Cell: _____

Email: _____

Payment Method: Check Master Card Visa Am Ex Discover

Credit Card #: _____ Exp. Date: _____

_____ \$50 Two day pass (Saturday Lunch Included) (Add \$10 if **after** April 15th)

_____ \$25 Friday Only (Add \$5 if **after** April 15th)

_____ \$25 Saturday Only (Lunch Included) (Add \$5 if **after** April 15th)

_____ # TICKETS ORDERED (Please Attach Separate Information for Each Individual)

Group Rates: 1 FREE Ticket for every 10 Ordered!!!!

MARCH BIRTHDAYS & ANNIVERSARIES

March 1
Rick Trontvet
Roxanne Zerwas

March 2
Nicole Mosloff
Kevin Senum

March 4
Lucille Myers
Tim Panek

March 5
 **Terry & Tammie Blacklance Anniversary**

March 6
 **John & Esther Gallagher Anniversary**

March 7
Randy Pederson

March 8
Julie Anderson
Julie Bolduc
Marshall Lorenson
Julie Olson

March 10
Tom Harlow
Red Lindquist

March 11
Cody Barth
Arlene Molskness
Hayden Shulstad
 **Russell & Sue Zaviska Anniversary**

March 12
Kevin Barth
Blake Bolduc

March 14
Loreen Hanson
Malvin Peterson


March 16
Natalie Redinger

March 17
Jon Anton
Rick Wiens

March 18
Adam Barth
Jude Saustad
Lona Trochmann
Mark Trochmann

March 19
Keith Anderson
Matt Okeson

March 20
Morgan Bolduc
Clyde Christensen
Sylvia Rosendahl
Carly Steenerson
Sam Zaviska

March 21
Doris Eggen
Laadyn Westerman
 **Don & Sue Redinger Anniversary**

March 23
 **Steve & Denise Nordhagen Anniversary**

March 24
Erika Nelson
Dale Redinger

March 25
Ray Molskness
David Row
Dan Trontvet

March 26
Evan Bushy
Becky Heinle
Russell Zaviska

March 27
Jodi Lehrer
Penny Unruh

March 28
Travis Barth
Jeff Hendrickson
Nate Larson
Montana Peterson

March 29
Lisa Hinrichs
Sierra Lorenson

March 30
Sharon Flom
Tayton Zutz

March 31
Eli Thom
Ethan Thom
 **Wally & Marilyn Redinger Anniversary**

Italics: Denotes Missionary family members

Attention: If your birthday or anniversary is not listed, or is incorrect, please notify the church office at 681-3855.

SERVING in MARCH

| | March 7 | March 14 | March 21 | March 28 |
|---------------------------------|--|---|---|--|
| Children's Church | Thane & Jenelle Espe | Jon & Melissa bushy | TBA | Joaquin & Michelle Westerman |
| Sunday School Greeter | Randy Barth | Carol Penner | Rachel Tveiten | Carolyn Trontvet |
| Worship Service Greeters | Terry & Tammie Blacklance Ruth Austad Mary Anenson | Eric & Elisa Anderson Dan & Crystal Barth Doug & Gloria Barth | Shon & Kristal Beito Greg & Cindy Bengtson Kevin & Bonnie Barth | Christine Bjornstad Mike & Stacy Barnhart Gene & Loreen Hanson |
| 9:15 Nursery | Rob & Mary Almquist | Dan & Jan Trontvet | Chris & Val Shulstad | Ehren & Ester Hanson |
| 10:30 Nursery | Kim & Sara Rosendahl Donna Harlow | Elise Anderson & Girls | Lowell & Lona Trochmann Jenny Saustad | Paul & Sharon Gregor Patti Barth |
| Sound Tech | Ehren Hanson | Bob Hultgren | Chris Shulstad | Mark Trochmann |
| Visual Tech | Jeff & Aaron Fagerstrom | Shane Zutz | Mike Barnhart | Shane Heinle |
| Ushers | Rod Hinrichs, Tom Schafer, Walt Penner | | | |