



THIEF RIVER FALLS FREE CHURCH

NEWSLETTER

SEPTEMBER 2010

211 Arnold Avenue North
Thief River Falls, MN 56701

Phone: 1-218-681-3855
Fax: 1-218-681-3955
E-Mail: trfefc@wiktel.com
Website: www.trfefc.org

Prayer Requests

Call the church office at 218.681.3855
or email trfefc@wiktel.com
with your prayer requests.

Address, Phone and Email Corrections

TRF Free Church maintains a database
of all its members, regular attendees, and
visitors. If you have had any changes to
your address, phone number, etc. please
contact the church office with your name,
phone number and the changes that need
to be made.

Check out the

Free Church Website!

Looking for calendar updates?
Miss a sermon?

Check out our website at www.trfefc.org.
You can find out what's happening at
church by viewing the monthly newsletter
or checking out the calendar. You can
also listen to sermons online!

NEWSLETTER and BULLETIN DEADLINES

Items for the October Newsletter
must be turned in by: **September 15**
The Weekly Bulletin Deadline is:
Noon on Wednesdays

*If you have something that you would like
to contribute either to the Sunday Bulletin
or Monthly Newsletter, please contact the
church secretary at 681-3855 or email
her at trfefc@wiktel.com*

Fall Schedule

SUNDAYS:

9:15 am SUNDAY SCHOOL (for ages 2 - Adult; Nursery Available)
10:30 am WORSHIP SERVICE

MONDAYS:

1:30 pm STAFF MEETING & PRAYER TIME (year round)
7:00 pm WOMEN'S BIBLE STUDY (Starts Sept. 13)

TUESDAYS:

7:30 am MEN'S PRAYER & BIBLE STUDY

WEDNESDAYS:

10:00 am RELEASED TIME (resumes Oct. 6)

FAMILY NIGHT

6:00 pm COLLEGE SUPPER/BIBLE STUDY (resumes Sept. 8)

6:30 pm JR HI JAM (resumes Sept. 8)

6:30 pm AWANA (resumes Sept. 15)

6:30 pm LADIES' BIBLE STUDY (watch Sunday bulletin for start date)

7:00 pm SR HI ALIVE (resumes Sept. 8)

7:00 pm MID-WEEK SERVICE (year round)

THURSDAYS:

10:00 am WHITE CROSS (2nd Thursday of each month)

7:00 pm WOMENS MINISTRIES MEETING (1st Thursday of each month)

SATURDAYS:

8:00 am MONTHLY MEN'S BREAKFAST (Begins October 2)

**All events are weekly unless otherwise noted*

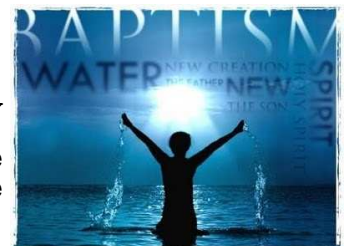


DEDICATION OF CHILDREN

May be included in our worship service **Sunday, September 5** (other potential dates: Nov. 28 & Dec. 26)
Contact the church office if you would like to include your
child in this service.

BAPTISM SUNDAY

If you are interested in being baptized during the
September 26th worship service
please call the church office @ 681-3855.



ANNOUNCEMENTS, NEWS, and INFORMATION



NEW CHURCH DIRECTORY

An updated Church Directory is scheduled to be printed in November. Directory Forms will be put in church mailboxes, in the foyer and in the Adult classrooms. **PLEASE make any corrections or changes to your family information since the 2010 directory was printed** (i.e. address, e-mail, phone numbers, etc.). There will also be a separate form to complete for college students. Please return your completed forms to Kim Lovejoy, in the office, by October 31st (call the office at 681-3855 or email Kim at trfec@wiktel.com). A final draft will be available in the foyer for everyone to check for accuracy prior to printing. Your prompt attentiveness is appreciated.

"Back to Church Sunday"

Flyer Distribution
Wednesday, Sept. 8
at 6:30 p.m.



We need walking prayer warriors to distribute 1000 door hangers in the neighborhoods around our church, praying as they go and inviting people to come "Back to Church". Many feet make for quick, short walks!



CHOIR & WORSHIP TEAM BBQ



Sunday, September 19th after Worship
Rick & Karmon Trontvet's house

We'll watch Rick cook some burgers* and then have discussion regarding the Christmas musical, worship teams, and some of our other plans for the year.

RSVP to Rick & Karmon Trontvet.

** After we watch Rick cook the burgers... we get to eat them!!*

SEE YOU AT THE POLE

On Wednesday morning, SEPT. 22, we will gather to get organized and pray before students dismiss to pray around their school flag pole.

6-8 Grade: Meet at Redeemer (1300 Nora)
Call #681-3390 for meeting time...

9-12 Grade: Meet here at EFC at 7:00 am
(Breakfast will be provided)
From there we will gather at the pole at 7:30 am



OUR FATHER IN HEAVEN,
REVEAL WHO YOU ARE.

SEE YOU AT THE POLE
GLOBAL DAY OF STUDENT PRAYER
WWW.STUDPR.COM
SEPTEMBER 22, 2010

Come Join Us
Everyone is Welcome!



MEALS ON WHEELS

We are privileged to participate in the Thief River Falls Meals on Wheels Program. EFC is scheduled to deliver meals the week of Oct. 11 - 15. We need 4 drivers for each day.

It is a blessing to deliver hot, nutritious meals and warm smiles to the Thief River Falls' homebound and seniors in the community. The meals get picked up at 12:10 P.M. and delivery takes less than an hour. If you work from home, work evenings, are a stay-at-home parent, or retired, this is a perfect opportunity to share your time to benefit others.

Look for your opportunity to sign up in the narthex. You do not have to sign up for the entire week - just one day would be greatly appreciated! A few emergency back-up drivers are also needed. If you have any questions, please call Kim at the church office, 681-3855.



PENNIES FOR MEXICO

It's time for our annual penny drive for the Children's Shelter and orphanage in the Squatter's Village across the Texas border in Mexico. These children desperately need our help! Hundreds of dollars are raised for this worthy project each year and we thank all of you who have helped in the past! You can begin saving your pennies and we'll collect your offerings in late October. Checks (made out to Everett or Arlette Kompelien) and paper money are also acceptable! If you have any questions, please feel free to call us @ 681-3089. ~ Everett & Arlette Kompelien

SUNDAY SCHOOL NEWS

“Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another—and all the more as you see the Day approaching.” Hebrews 10:25


Think back on your Christian life and remember the times that you felt closest in your relationship with the Lord. It is quite possible that those times correspond to a time when life was hard and someone stood by you in prayer and encouraged you, or a time where you were involved in a dynamic small group where you could discover new truths from scripture and apply it immediately to your life. That is why the verse in Hebrews is so important because people in the early church knew the importance of not giving up meeting together for prayer, Bible study, encouragement, and fellowship. Therefore, the Discipleship Commission is inviting you to get in the HABIT of meeting together at the fall ministry kick-off on September 12th. There are many opportunities to meet together this year including Adult Sunday School electives, Wednesday women’s Bible study, Wednesday mid-week service, and monthly Saturday men’s breakfasts. Stay tuned to the newsletter and church bulletin for more information.

Another way to grow closer to God is to step outside of your comfort zone and serve in ministry. Many ministry opportunities are still available and our kids especially need your help. Take a moment to reflect on how your Sunday school, youth group, or AWANA teachers helped you learn how to love Jesus and give your life to Him. Each person in our church has been gifted to serve in ministry somewhere so please continue to seek out how your gifts can be used. If you aren’t sure, please talk to Pastor Mel. He can help you find a place to serve the Lord in ministry.

SUNDAY SCHOOL KICK OFF

SEPTEMBER 12 9:15 a.m.

Meet in the Worship Center. Teachers will be introduced, then dismissed with their students for class.



Age/Grade	Room	Teachers
2 & 3 Year Olds	6	Nate & Sarah Larson Esther Hanson (sub)
4 & 5 Year Olds / Kindergarten	2	Jenny Saustad Sara Rosendahl
1st & 2nd Grade	3	Cilla Fischer Elisa Anderson
3rd & 4th Grade	7	Heidi Senum Elise Row (sub)
5th & 6th Grade	9	Crystal Barth
7th & 8th Grade	13	Pastor Mel Sich
9th-12th Grade	1	Cay Donlin
Good Samaritans	8	Wilford & Phyllis Sletten

**Coming Soon to a
Sr. High Youth Group Near YOU!**

From the creators of Focus on the Family’s
‘The Truth Project’ comes ***‘Does God Exist?’***
Building the Scientific Case’

This Bible study will meet Sundays at the Free Church starting in October and will be open to anyone in grades 9 - 12. More information coming soon!

Sunday Morning Adult Bible Fellowship Classes

“Firm Foundations” (Room 12)

Do you desire continued spiritual transformation in your life?
The *Experience the Life* series will lead you down a path of having a transformed heart and mind as you study deeply into God’s Word in a community of believers, learning how to read scripture, think about it, pray over it, and live it out. Transformed hearts and minds will lead to transformed character, relationships, influence, and service. There are five 6 week studies in this DVD-discussion series.
Kim Rosendahl will lead the first session.

“Christian Life Issues” (Room 10)

Do you want to find out God’s view of a purposeful life?
Bob Hultgren will be leading the discussion from John Piper’s study “Don’t Waste Your Life”.

Most people slip by in life without a passion for God, spending their lives on trivial diversions, living for comfort and pleasure, and perhaps trying to avoid sin. This study will warn you not to get caught up in a life that counts for nothing. It will challenge you to live and die boasting in the cross of Christ and making the glory of God your singular passion. If you believe that to live is Christ and to die is gain, join this study, learn to live for Christ, and don’t waste your life!

“Bible Study Curriculum” (Chapel)

This class will be a weekly in-depth Bible study taught by some very gifted teachers. **Nathan Blomker will start off the fall teaching the book of Hebrews.** Like the Hebrews to whom this letter was addressed, professing Christians today face many crisis that may chip away at our faith in the Lord. But as we will learn through this study of Hebrews, we too can find the better things of life as God enables us to persevere in faith and live wholeheartedly for Christ.

FAMILY NIGHT MINISTRY

~ Wednesday Nights at the Free Church ~



COLLEGE-AGE SUPPER & FELLOWSHIP

Starting September 8 every Wednesday evening at 6:00 in room #12
A great opportunity for College students to stay connected to a church and enjoy a free home-cooked meal! The meal is followed by a Bible Study led by Jason Simoneau. Come out and join us for a time of fellowship, food, and spiritual growth!



KICK OFF!!

Wednesday, September 15 - 6:30 pm

AWANA is for all kids Ages 3 through 6th grade and is divided up into 3 events:

GAME TIME: Every Awana meeting includes a high-energy Game Time featuring individual and team competition. Game Time unleashes kids' natural energy and enthusiasm. The Awana Game Circle has universal appeal. Kids everywhere love Awana games! Everyone participates!

HANDBOOK TIME: Using achievement-oriented curriculum, Awana emphasizes memorization and understanding of key Bible verses. Clubbers are rewarded for their achievements as they progress through the handbooks.

COUNCIL TIME: The club gathers for a Bible message and announcements of upcoming events. One highlight of Council Time is the presentation of awards for individual handbook progress.

YOUTH GROUPS

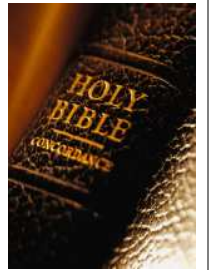
Sr. Hi. Rebelution Grades 9-12 starts Wednesday, September 8, at 6:30 pm with our Fall Kickoff Event and meets each week thereafter from 7:00-8:00 pm during the school year. We do various devotional studies and have a time of sharing and praying. Throughout the year they may have lock-ins, game nights, scavenger hunts, ski trips and other fun activities. This is an environment where students can develop life-long friendships and learn to be godly men and women.

Junior High JAM (Jesus and Me) Grades 6-8 starts Wednesday, September 8, for our Fall Kickoff Event and meets each week thereafter from 6:30 - 8:00 pm during the school year. We have biblical lessons and prayer each week. Socials, game nights and trips are planned throughout the year to help kids get to know each other in different settings and develop their Christian walk.

Mid-Week Service

Services continue in the fall on Wednesdays in the Chapel at 7:00 pm.

Join us, as we read God's Word, pray, and sing hymns of praise!



*"Make me know Your ways, O LORD;
Teach me Your paths.
Lead me in Your truth and teach me,
for You are the God of my salvation."
Psalm 25:4-5*



Ladies Bible Study

**WEDNESDAY
EVENINGS
6:30-8:00 PM**

Subject, start date, and leaders to be determined. More info to come!

WOMEN'S MINISTRIES

"What does the Lord your God ask of you but to fear the Lord your God, to walk in all his ways, to love him, to SERVE the Lord your God with all your heart and with all your soul." Deuteronomy 10:12

Monday Night Women's Bible Study

Starting Monday, September 13, at 7 pm
at the church in Room # 14.

Elise Row will lead a Women of Faith Series,
"Embracing Your Strengths:
Who Am I in God's Eyes?

(And What Am I Supposed to Do About It?)"

This study uses Scripture to
address issues such as:

- *Recognizing your strengths and spiritual gifts
- *Knowing more fully who you are
- *How to embrace those strengths
- *How to put those strengths to use for yourself
and for the Lord

If interested in attending, please contact Elise
Row @ 681-6160 by September 5th. Cost of
the book will be approximately \$6.00 each.

Monthly Women's Ministries Meeting Watch the Sunday Bulletin for the September Meeting Date!

White Cross

Thursday, September 9 at 10:00 am

White Cross will meet as usual with a potluck noon meal. We will
work on clothes for Congo, and cutting squares for quilts.

Library Work DAY

Saturday, September 18 at 9:30 am

Bring a dish for a pot luck lunch.
We could really use a number of people to come and help out with
getting the books and CD's put into the library.

Thank You...

*A huge thank you to ladies of Evangelical Free Church for the
wonderful bridal shower. I hope you enjoyed it as much as I
did. The gifts were all wonderful, the hospitality enjoyable, and
the blessings are greatly appreciated. I am overwhelmed by your
compassion! Thank you for being so kind and generous to Seth
and I as we reach this special time in our lives! We are truly
blessed! With thanks, Jenny Sorvig (fiancé of Seth Tveiten)*

MEN'S MINISTRIES

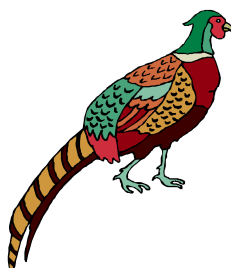
*"Blessed is the man who perseveres under trial, because when he has
stood the test, he will receive the crown of life that God has promised to
those who love him." James 1:12*

MONTHLY MEN'S MINISTRY BREAKFAST

Please join the Men's Ministry Team for
a monthly breakfast on the first
Saturday of every month from 8:00 to
9:30am. There will be a different
speaker every month and the food is
guaranteed to be great!

Launch Date is
October 2nd

See you there!



Men's Ministry Pheasant Hunting Event October 9-11

**Do you enjoy the outdoors?
Do you enjoy upland bird hunting?**

If you answered yes to either of these questions, then think
about joining the Men's Ministry group for a pheasant hunt in
the wild, wild west of northwest North Dakota. This is some of
the best wild pheasant hunting in the world!

Food, access to the land, and a few pointing yellow labs will
be taken care of. All you need to do is **clear your calendar
for October 9th - 11th**, find a place to stay, obtain a license
(over the counter or internet), bring your shotgun, and
remember lots of shells! Spots will be available to park a
camper or RV. For more questions,
please contact Jason Simoneau (681-6821).



September Birthdays & Anniversaries

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* Missionaries			1 Josh Row Wilford Sletten	2 Doreen Penner Robert & Shirley Sorvig Anniversary	3 Sara Rosendahl Corey & Celine Friesen Anniversary	4
Attention: If your birthday or anniversary is not listed, or is incorrect, please notify the church office at 681-3855.						
5 Patrick Marolt Millie Wernes	6	7 Ruth Christensen Tawnya Panek Mark & Jodi Lehrer Anniversary	8 Jeremiah Baker Jasmyn Rud Karen Sich	9 John Flom Arlette Kompelien	10 Muriel R. Peterson Linnea Senum *John Stacknik Casey & Anna Skjerven Anniversary	11 Kirsten Barth Don Molskness
12	13	14 Curt Christensen Chris Shulstad Bill Stock Anthony & Julie Bolduc Arvid & Jan Lee Anniversary	15 Marco Marolt Abigale Samuelson	16 Leon Lundstrom	17 Crystal Barth Paul Johnson	18 Ethan Barth Matthew Barth Susan Halvorson Joyia Nelson Jerry & Gloria Schulte Anniversary
19 Robert Sorvig Nate & Sarah Dahlin Anniversary	20 Nathan Blomker Marissa Lehrer Zachary Lorenson Emma Westerman Steve & Val Hauert Anniversary	21 Keith Christensen	22 Dawn Phillips	23 *Judy Anderson Sheri Barth John Gallagher Dale & Carol Penner Anniversary	24 Alexis Friesen Karen Griffin	25
26 Walt Penner *Joel & Deborah Carpenter Anniversary	27 Anika Senum Jeff & Roxanne Zerwas Walt & Doreen Penner Ben & Kindra Poissant Anniversary	28 Ron & Carolyn Trontvet Anniversary	29 Scott & Cortney Rud Anniversary	30 *Eric McCauley Eunice Rolandson Stacy Wightman		

SERVING in SEPTEMBER

	5	12	19	26
Children's Church	Eric & Elisa Anderson	Mike & Stacy Barnhart	Shane & Mya Zutz	Jason & Lacey Simoneau
Sunday School Greeter	NO SUNDAY SCHOOL	TBA	TBA	TBA
Worship Service Greeters	Greg & Cindy Bengtson Christine Bjornstad Mike & Stacy Barnhart	Gene & Loreen Hanson Cay Donlin Kathy Erickson	Earl & Jan Hanson Kent & Peggy Hanson Arvid & Jan Lee	Ruby Schroeder Chris & Valerie Shulstad Bob & Nona Hultgren
9:30 Nursery	NO SUNDAY SCHOOL	Ehren & Ester Hanson	Nate & Sara Larson	Jason & Lacey Simoneau
10:30 Nursery	Kevin & Bonnie Barth	Pete & Brandi Grosz	Kim & Sara Rosendahl	Lona Trochmann Heidi Nelson
Sound & Visual Techs	Bob Hultgren Jeff & Aaron Fagerstrom	Chris Shulstad Shane Zutz	Mark Trochmann Shane Heinle	Steve Westerman Jeff Zerwas
Ushers	DeeJay Donlin, Jon Edwards, & Gene Hanson			



September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>AREA FOOD SHELF</p> <p>September is our church families' month to collect food and money for the Food Shelf. Any size donation can go a long way. A grocery cart will be set up in the foyer for your convenience.</p> 			<p>1</p> <p>7 PM Midweek Service</p>	<p>2</p>	<p>3</p>	<p>4</p>
<p>5</p> <p>NO SUNDAY SCHOOL 10:30 AM Worship - <i>Child Dedications</i></p>	<p>6</p> <p>OFFICE CLOSED 6:30 PM Outreach Comm. Mtg.</p>	<p>7</p> <p>1:30 PM Staff Mtg. 7:30 AM Men's Prayer & Bible Study</p>	<p>8</p> <p>6 PM College Supper & Bible Study 6:30 PM Flyer Distribution 6:30 PM Rebelution 7 PM Midweek Service</p>	<p>9</p> <p>10 AM White Cross</p>	<p>10</p>	<p>11</p>
<p>12</p> <p>BACK TO CHURCH SUNDAY</p> <p>9:15 AM Sunday School 10:30 AM Worship - <i>Communion</i> 6 PM - Ramsey FPU</p>	<p>13</p> <p>1:30 PM Staff Mtg 6:30 PM Facilities Comm. Mtg. 7:00 PM Finance Comm. Mtg. 7:00 PM Ladies Bible Study</p>	<p>14</p> <p>7:30 AM Men's Prayer & Bible Study 6:00 PM Nurture, Discipleship, Worship Comm. Mtg 7:30 PM Elder Board</p>	<p>15</p> <p>October Newsletter Deadline</p> <p>6 PM College Supper & Bible Study 6:30 PM AWANA 6:30 PM JH Jam 7 PM Rebelution 7 PM Midweek Service</p>	<p>16</p>	<p>17</p>	<p>18</p> <p>9:30 AM Library Work Day/Potluck</p>
<p>19</p> <p>9:15 AM Sunday School 10:30 AM Worship 12:00 PM BBQ @ Trontvet's for Worship Teams and Choir</p>	<p>20</p> <p>1:30 PM Staff Mtg 7:00 PM Ladies Bible Study</p>	<p>21</p> <p>7:30 AM Men's Prayer & Bible Study</p>	<p>22</p> <p>6 PM College Supper & Bible Study 6:30 PM AWANA 6:30 PM JH Jam 7 PM Rebelution 7 PM Midweek Service</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>26</p> <p>BAPTISM SUNDAY</p> <p>9:15 AM Sunday School 10:30 AM Worship—<i>Bill Transburg</i> 6 PM - Ramsey FPU</p>	<p>27</p> <p>1:30 PM Staff Mtg 7:00 PM Ladies Bible Study</p>	<p>28</p> <p>7:30 AM Men's Prayer & Bible Study</p>	<p>29</p> <p>6 PM College Supper & Bible Study 6:30 PM AWANA 6:30 PM JH Jam 7 PM Rebelution 7 PM Midweek Service</p>	<p>30</p>	<div style="border: 2px solid black; padding: 10px;"> <p>LOOKING AHEAD....</p> <p>Oct 2 - 8 AM - Men's Monthly Breakfast Oct 6 - 10 AM - Release Time Resumes 6:30 PM - Choir Rehearsals Begin Oct 9-11 - Men's Pheasant Hunting Event Oct 11-15 - Meals on Wheels Week Oct 15-25 - Africa Vision Trip to Liberia Oct 31 - "Pack the Place" Sunday Nov 7 - Communion Sunday Daylight Savings Nov 21 - Harvest Fest - <i>Kevin Kompelien</i> Nov 24 - 7PM - Thanksgiving Eve Service Dec 5 - Ladies Christmas Banquet Dec 19 - 6 PM - Christmas Concert</p> </div>	